



IMPORTANT INFORMATION ABOUT YOUR SNAP BENEFITS

PLEASE READ

You are now required to participate in work requirements or provide information to DHS to see if you are eligible for an exemption.

Dear SNAP Recipient,

New federal rules have changed the work requirements for SNAP. These changes affect many people ages 18 to 64 who get SNAP benefits. These new rules mean some people now fall under a group called “Able-Bodied Adults Without Dependents,” also called ABAWDs.

Some people must also follow general SNAP work rules. These people are called “work registrants.”

The SNAP Work Requirements notice included with this letter shows **who in your household is a work registrant and/or an ABAWD starting March 1, 2026**. These individuals must follow the work rules listed in the notice beginning March 1, 2026. This is needed to keep SNAP benefits without any breaks.

On the notice, you may see a work status that ends on February 28, 2026, and a new work status that starts on March 1, 2026, which shows your status based on the new federal rules. The ABAWD status may say one of the following:

- **Not an ABAWD** – The person does not have to follow ABAWD work rules.
- **ABAWD with no time limit** – The person is an ABAWD but is meeting the work rules or has an exemption to them.
- **ABAWD with a three-month time limit** – The person must meet ABAWD work rules or have an exemption to them.

You will also see how many ABAWD months the person used BEFORE March 1. People who are ABAWDs with a three-month time limit can only get SNAP for three months in a three-year period unless they meet the work rules or have an exemption.

You may have received an earlier notice that showed the Work Requirement Category as ABAWD starting February 1. The date for the new ABAWD rules was extended to March 1.

If you have questions or are looking for more information about this change, please visit staycovered.ri.gov/SNAP-Updates.