



Federal SNAP Changes Coming Soon

Starting November 1, 2025

Federal law changes may affect your SNAP benefits in Rhode Island. You'll only get a notice if your household is impacted.

SNAP Work Requirement Update

Work requirements have always been required for certain SNAP populations. Customers who may have lost their exemption include:

- Veterans
- Adults 24 or younger aged out of foster care
- Parents with kids ages 14 and older
- Individuals who are homeless
- Individuals ages 55-64
- And others

You may still be exempt if you are 65 or older, have a child under age 14 in the household, cannot work due to a health limitation, are pregnant, or already working, attending a work program or in school.

Able-Bodied Adults Without Dependents Exemption Form Update

A local community partner can work with you to determine whether a Community Partner ABAWD Exemption Request is appropriate for your unique circumstances.



Key Changes to Know

1

Work Engagement: Some adults must work/volunteer 80 hours per month or be enrolled in approved training. Visit risnapet.org for help finding opportunities.

2

Utility Expenses: Submit your actual heating or cooling bills to DHS via the customer portal, through drop boxes available at each office, or document scanning centers.

3

Immigration Status: If your immigration status has changed since last verified, please submit updated documents to DHS. U.S citizens, LPRs, and Haitian/Cuban entrants remain eligible and do not need to contact DHS.



Be Sure to Keep Info Up-to-Date: Update your contact information, household composition, shelter expenses, employment information, and health status with DHS.



Find the latest information about the federal changes at staycovered.ri.gov/SNAP-updates

Community Resources in Rhode Island

Find help with bills, housing, food, and more. This guide lists key resources available to residents of Rhode Island.



Available Support Programs

- 1** Help with Bills & Transportation: Get support with [energy bills](#) and [reduced bus fares](#) through programs such as the [discount rate program](#), [LIHEAP](#), or the Good Neighbor Energy Fund.
- 2** Housing & Legal Help: Connect with the [Coalition to End Homelessness](#) and [Rhode Island Legal Services](#) for assistance.
- 3** Food Assistance: Access programs like SNAP, [WIC](#), the [RI Food Bank](#), and [free or reduced-price school meals](#).
- 4** Work & Training: Access [SNAP Employment and Training](#), the [Governor's Workforce Board Education, Training and Resource Guide](#); adult education; paid internships; and other [workforce training resources](#).
- 5** Veterans, Seniors & Disabilities: Find dedicated support through the [Office of Veteran Services](#) and the [Aging & Disability Resource Center](#).



For more information, visit staycovered.ri.gov/snap-update